





**Elevate Your Practice. Deepen Your Impact.**

## **New GEI Physiotherapy Workshop**

### **Integrative Strategies for Physical Therapy with Trans and Gender Diverse (TGD) Clients**

*Presented as a pre-course at the USPATH Scientific Symposium*

 *Santa Ana Pueblo, NM |  September 26–30, 2025*

Join us for an immersive, interactive workshop designed specifically for medical and behavioral health professionals committed to advancing affirming care for transgender and gender-diverse (TGD) individuals. This in-person training—part of the USPATH Scientific Symposium—offers a unique opportunity to deepen your clinical expertise in a collaborative, multidisciplinary setting.

Led by experienced clinicians, the workshop will explore the vital role of physiotherapy in gender-affirming care, with a focus on the unique rehabilitative needs of TGD patients. Topics include the physical impacts of hormone therapy, surgery, binding, tucking, and more. You'll leave equipped with the tools to provide trauma-informed, inclusive care that honors each patient's identity, autonomy, and well-being.

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### **What You'll Learn**

- Best practices for physiotherapy within the TGD healthcare context
- Strategies for post-surgical rehab, including chest and pelvic procedures
- Inclusive communication and culturally responsive care techniques
- How to collaborate effectively across disciplines like mental health, pelvic health, and primary care

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### **Live In-Person Workshop Details**

**Date:** September 27, 2025

**Time:** 8:00 AM – 12:00 PM MDT

**Location:** USPATH Scientific Symposium, Santa Ana Pueblo, NM

Engage in up-to date research and clinical practices, real-world case discussions, interactive exercises, and expert Q&A sessions with:

## Faculty:

- Katlyn Nasser, PT, DPT, WCS, CLT
- Laura Ross, PT, DPT, PRPC, CSC



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| 8:00 am – 8:10 am   | <b><i>Introduction – Katlyn Nasser, PT, DPT, WCS, CLT &amp; Laura Ross, PT, DPT, PRPC, CSC</i></b> |
| 8:10 am - 9:10 am   | <b><i>General PT for Transgender &amp; Gender Expansive Clients</i></b>                            |
| 9:10 am – 9:50 am   | <b><i>Surgical Overview: Rehab Considerations for Masculinizing Top Surgery</i></b>                |
| 9:50 am – 10:05 am  | <b><i>Break</i></b>  |
| 10:05 am– 11:05 am  | <b><i>Rehab Considerations for Phalloplasty &amp; Vaginoplasty</i></b>                             |
| 11:05 am – 11:50 am | <b><i>Sexual Health Exam and Intervention</i></b>  |
| 11:50 pm – 12:00 pm | <b><i>Wrap Up/ Take Away Points</i></b>  |

## Who Should Attend

This course is ideal for medical and behavioral health professionals—across all specialties—who want to enhance their knowledge in providing gender-affirming, patient-centered physiotherapy. This will help all healthcare professionals understand why and when to make physiotherapy referrals, as well as the benefits available to TGD individuals, particularly before and after surgery.

## Why Attend?

Don't miss this chance to grow your skills, connect with peers, and earn professional credit—all while advancing health equity for TGD patients.

-  Counts toward WPATH SOC8 Certification
-  Earn 3.5 CE credits