



## **GEI CERTIFIED TRAINING COURSES: BEST PRACTICES IN TRANSGENDER MEDICAL & MENTAL HEALTH CARE**

### **CORE CURRICULUM**

#### ***Foundations Course***

WPATH recommends that attendees complete **Foundations in Transgender Health** prior to registering for any Advanced Courses and Workshops. Members on the path to WPATH GEI SOC8 Certification are required to attend the Foundations Course in order to fulfill the 15 hours in WPATH Foundations Coursework.

**GEI Foundations Course** is intended for healthcare professionals of all experience levels and specialties, this online training course combines pre-recorded didactic videos with live online case and interactive Q&A panels, that focus on the importance of an interdisciplinary care team approach and cross-specialty foundational knowledge. It includes what all providers should know about gender development, mental health considerations, policy and ethical issues, primary care and preventative health, puberty blockers and hormonal treatment, surgical overviews and much more, with the implementation of the Standards of Care and the Core Competencies.

#### ***Advanced Courses***

GEI Advanced Courses are a part of our advanced track and are intended for those who have already completed the Foundations Course. Members on the path to WPATH GEI SOC8 Certification are required to attend at least one Advanced Course and one Advanced Workshop in order to fulfill their hours in Advanced Coursework.

**GEI Advanced Medical Course** delves into advanced hormonal treatment and its complications, co-occurring conditions, general health, ongoing primary care, and aging. Participants will gain insight into gender-affirming surgeries and perioperative care. Through in-depth case discussions, attendees will enhance their understanding of comprehensive care and treatment spanning various medical specialties. The course features a blend of didactic sessions and interactive discussions to facilitate learning and engagement

**GEI Advanced Mental Health Course** offers an in-depth exploration of advanced psychotherapy concepts, such as the Person of the Therapist ("countertransference"), gender identity conceptualization, intersectionality, neurodiversity and autism, trauma, complex co-occurring conditions, and identity development in various life domains like dating, work, and family relationships. This program combines didactic learning with interactive sessions to encourage attendee participation. Complex case studies will be examined through Q&A sessions to deepen understanding and application of the material.

### ***Advanced Workshops***

GEI Advanced Workshops are a part of our advanced track and are intended for those who have already completed the Foundations Course. Members on the path to WPATH GEI SOC8 Certification are required to attend at least one Advanced Course and one Advanced Workshop in order to fulfill their WPATH Advanced Coursework.

#### **GEI It's About Time: Concerns of Middle Aged and Older TGD**

**Individuals:** Across the world, the proportion of older adults in developed countries is growing. One hundred years ago, the percentage of older adults in the US was ~3%; now it is over 17% and expected to reach 22% by 2040. This is a 40% increase to 55.8 million in the last 10 years. For the first time ever, in a few years, the number of those 65 years and older will exceed the number of individuals under 18. There has been intense concern about social and medical gender transitions among TGD young people but sparse research into middle aged and older TGD individuals' experiences. This workshop attempts to begin to fill in the wide gap of knowledge about these populations.

**GEI Neurodiversity Workshop** led by Dr. John Strang (Children's National Hospital). is a half-day training on the intersection of neurodivergence (especially autism) and gender diversity. This workshop provides a toolkit of approaches for supporting autistic/neurodivergent gender diverse individuals including in the areas of communication/self-advocacy, executive function/goal setting, and gender discernment/affirmation. The session will emphasize strengths-based approaches and address issues related to obtaining autism and related diagnoses, prioritizing clinical supports, and establishing multidisciplinary care teams. Topics related to intersectional identities, including around neurodiversity, gender diversity, and race, will be explored.

**GEI Intersectionality & Diversity Workshop** is intended for different health and mental health related professionals who work with transgender and gender diverse individuals and their families/loved ones. We have invited different trainers from different disciplines to present and to share their clinical experiences in working with different transgender and gender diverse minority groups.

The workshop will include various topics about working with transgender individuals and their loved ones with different intersectionality and diversity backgrounds and issues. The main goal is to provide current clinical evidence-based practices and information on ways to work with these minority groups by learning about our own bias, identifying their unique and extra stressors, and developing some clinical skills.

**GEI Pediatric Endocrinology Workshop** is a case-based workshop that features a number of leading Pediatric Endocrinologists. Topics discussed include bone health, cardiometabolic risk, reproductive health, exercise/participation in sports, and gender-affirming hormone therapy in nonbinary youth. Each topic will be introduced by a 5–10-minute review of the current literature and corresponding SOC8 recommendations, followed by a 25-minute panel and audience discussion.