

## GEI CERTIFIED TRAINING COURSES: BEST PRACTICES IN TRANSGENDER MEDICAL & MENTAL HEALTH CARE

**CORE CURRICULUM** 

## Foundations Course

WPATH recommends that attendees complete **Foundations in Transgender Health** prior to registering for any Advanced Courses and Workshops. Members on the path to WPATH GEI SOC7 Certification are required to attend the Foundations Course in order to fulfill the <u>15</u> hours in WPATH Foundations Coursework.

**Foundations in Transgender Health** is intended for healthcare professionals of all experience levels and specialties, this is a two-day training course that focuses on the importance of an interdisciplinary care team approach and cross-specialty foundational knowledge. It includes what all providers should know about gender development, mental health considerations, policy and ethical issues, primary care and preventative health, puberty blockers and hormonal treatment, surgical overviews and much more, with the implementation of the Standards of Care and the Core Competencies.

## Advanced Courses

Advanced Courses are a part of our advanced track and are intended for those who have already completed the Foundations Course. Members on the path to WPATH GEI SOC7 Certification are required to attend at least one Advanced Course and one Advanced Workshop in order to fulfill their <u>10 hours in Advanced Coursework</u>.

**Advanced Medical Treatment** is a full-day training course that focuses on advanced hormonal treatment and complications, co-occurring conditions, general health, ongoing primary care and aging. On overview of gender-affirming surgeries as well as perioperative care will also be presented. Complicated case discussion helps to further understand care and treatment across multiple medical specialties. Presentation format includes didactic and interactive discussion.

**Advanced Mental Health** is a full-day training that that delves into advanced psychotherapy topics including the Person of the Therapist ("countertransference"), conceptualizing gender identities, intersectionality, neurodiversity and autism, trauma, complex co-occurring conditions, and identity development/intergration in

daily life (e.g., dating, jobs, and family relationships). This program is didactic and interactive, and attendee participation is encouraged. Complicated cases will be discussed, and there will be Q and A time.

## Advanced Workshops

Advanced Workshops are a part of our advanced track and are intended for those who have already completed the Foundations Course. Members on the path to WPATH GEI SOC7 Certification are required to attend at least one Advanced Course and one Advanced Workshop in order to fulfill their <u>10 hours in WPATH Advanced Coursework</u>.

**Advanced Child and Adolescent Workshop** is an advanced workshop that includes information on assessment, hormones and fertility, sexual health for adolescents, and working with parents and families. Case-based discussions are an integral part of this intensive workshop.

**Advanced Ethics Workshop** is an ever-evolving course that includes robust discussion on ethics and moral principles, ethics in surgery and interdisciplinary care, ethics in child & adolescent care, ethical dilemmas, anticipated concerns and barriers to care. This workshop will involve interdisciplinary panels with interactive discussion.

**Advanced Planning and Documenting Workshop** is an advanced workshop that reviews the eligibility criteria for hormones and surgery, offers an introduction to letter and report writing, and discusses the framework for preparing for surgery. Presentation format includes didactic, case-based and interactive discussion.